



# PREPARING TO SAY GOODBYE

A Compassionate Guide by Neville's Helping Paw

*Saying goodbye to a beloved companion is one of the hardest things a pet owner will ever do. This guide is here to help you navigate this difficult time with peace and dignity.*

## Assessing Quality of Life

It can be helpful to track your pet's "Good Days vs. Bad Days." Consider the following:

- **Hurt:** Is their pain manageable with medication?
- **Hunger/Hydration:** Are they still interested in eating and drinking?
- **Hygiene:** Can they keep themselves clean and use the bathroom comfortably?
- **Happiness:** Do they still enjoy their favourite things (wagging their tail, purring, or seeking affection)?

## Making a Plan

**The Setting:** Would you prefer the appointment at the vet clinic, or a home visit to keep your pet in their familiar environment?

**The Aftercare:** Consider your wishes for cremation (individual or communal) or a home burial before the time arrives.

## Creating a Peaceful Farewell

Many owners find comfort in creating a "bucket list" for their pet's final days, such as a favorite meal, a visit to a special park, or simply extra quiet time together.

**RVN Support:** As a Registered Veterinary Nurse, I am here to provide compassionate end-of-life support. Whether you need a professional to talk through quality-of-life concerns or assistance with home nursing in their final days, you don't have to face this alone.